



Contents

- Open Day
- Hertford & Barnet Shops
- Pet Corner
- Push for Peace
- Workshop Story
- Follow us Online
- Companion Poem
- Dates for your Diary
- Contact Us

Companion Poem

It's Hot In The City, Hot In The City, Tonight

Then the man comes on the radio to say it will be 32
The sun is always shining and the sky is clear and blue
But I'm staring at the pavement that is always grey
A man puts 10p in my hat, "thank you and have a nice day"

Two Polish lads I know are chatting away the night

They tend to sleep in doorways where there's a little bit more light

Some they sleep on benches, others near the station

Doesn't matter where we're from, we are all one street nation

Me, I sleep in Acre Park, I suppose it is my home

Ashamed to tell anyone and feeling so alone

I'm here for a good reason though so don't you feel too sad

I sit and drink my life away and I'm as mad as I am bad

Now that was three months ago and I can't believe the change

The first time I slept in my bed it was both comfortable and strange

Now I feel so settled and I almost keep drink free

Sitting in my cosy room I still can't believe it's me

So if you see someone homeless, sitting on the street

He may not be someone who you would normally like to meet

But if you have a little time and you are feeling the mood

Just go on up and have a chat, maybe give a little food

I hope you have read these words, this that is my little verse

Because if it's bad in summer, in winter it's ten times worse

Nigel Bunney
Emmaus Companion

Dates for your Diary

- 20th Sep - Barnet Official Opening
- 20th Sep - 5-mile Obstacle Course

Contact Us

Emmaus St Albans
Hill End Lane
St Albans
Hertfordshire
AL 4 0FE
Tel: 01727 817 294
community@emmausstalban.eu
Charity No. 1073808
Company No. 3692409

Shops

- St Albans: 01727 817 297
- Hemel: 01442 215 755
- Batford: 01582 469 564
- Hertford: 01992 504 485
- Barnet: 020 8440 8342

Open Day

We were lucky that heavy rain in the morning had abated by the afternoon. We had a great turnout and around 200 visitors, between 2-5pm, could even get their cars washed by companion Nigel while they browsed in the shop or were entertained with music from Verulam Big Band, (right) and fed at a BBQ run by companions Peter, Frank and Craig. Fun was provided by "Splat



the Rat", Stocks and a Crockery Smash run by companion Rob.

Companion Dom (bottom left) mystified all with his close-up magic. "It was great fun" said Dom, "especially entertaining the kids. I'm already look-

ing forward to doing it again next year."

Raffle prizes included a 42" TV, Harpers Farm Hampers, a Nintendo DS, an Emmaus Gift Voucher, and an assortment of decorated cakes.



Hertford Shop

Our new Hertford shop (pictured right) opened on July 1st. This project was managed by former trustee John Jennings. The shop will be managed by Janice and van driven by David. All St Albans companions have visited it at least once.

3-9 North Road, Hertford
SG14 1LN
Tuesday -Saturday
9.30am-5pm
01992 504 485



The Signage and maintenance work, for both Hertford and Barnet, has been carried out by companion Craig and workshop Manager Ed.

Barnet Shop

Our new Barnet shop (part of Emmaus St Albans) opened on August 2nd. This project has been managed by Paul and Carol Moeke. The aim is to open another community in Barnet

11 High Street,
Barnet,
EN5 5UJ
0208 440 8342

Pet Corner



Two new chickens, Emma and Maisie (pictured above), joined the community in May. Their coop was built by Shaun and Michael. Hopefully it will keep them safe from Scratchy, our cat, one of the longest serving members of the community.

Push for Peace

The third annual event in aid of the Peace Hospice will be run on Saturday 20th September.

A team of companions, staff and volunteers from Emmaus will again be entering having raised over £1000 in 2013.

Shaun Kings (then companion, now staff) said: "It was really good fun



and such a laugh! You can count on me for next year." Sponsor us at: <https://mydonate.bt.com/fundraisers/jenniferhewson>

Workshop Story



Bill's new interest in hedgehog preservation - the UK hedgehog population has plummeted by 1/3 in the last 10 years — prompted him to build a "Hedgehog Hotel" -

a safe home for hedgehogs to live and be fed. After learning how to build an "A-frame" he has constructed the hotel from beech and wire mesh (pictured

above). He already has a buyer for this, his first attempt, and hopes to attract more interested customers in the future.

Having spent just over a year with Emmaus St Albans, Bill really enjoys life in the workshop which "...gives him an opportunity to play and experiment with different materials". He enjoys "the smell, the atmosphere and, most of all, working alongside the rest of the workshop team"

Follow us Online

- www.emmaus.org.uk/emmaus_stalban
- www.facebook.com/stalbanemmaus
- www.twitter.com/emmaus_stalban
- www.pinterest.com/emmausstalban