



emmaus

What are the factors that might cause someone to become homeless?

Researchers have found that some of the most common factors which increase the risk of a person becoming homeless are:

- Family conflict/relationship breakdown
- Leaving an institution (e.g. local authority care, prison, the Armed Forces)
- Mental health problems
- Substance misuse
- Financial problems
- Housing shortage
- Lack of qualifications/poor literacy skills
- Refugee/asylum seeker status

Very often it is a combination of factors which lead to homelessness.

The average time between the triggers which lead to homelessness and when homelessness finally occurs is about 9 years.

(Source: Crisis.)

Emmaus Citizenship Resource 2c