



emmaus

What Emmaus has done for me...

Emmaus has helped me look at myself, and it's given me a purpose.

You've got a job and you can learn skills you then take with you and get another job.

They help you sort your life out, give you back your self respect, your self esteem.

I feel optimistic about the future.

Emmaus for me is a stepping stone.

In Emmaus there is always someone to talk to. There is real support from the other Companions.

Emmaus has given me back the feeling of wanting to do things with my life.

They try not to judge you. Emmaus is like that, very tolerant, very forgiving.

Emmaus Citizenship Resource 4c

emmaus

www.emmaus.org.uk

Giving people a bed ...and a reason to get out of it